



Hello, my name is **Abigael Isack** and I am originally from Singida, Tanzania. I am currently living in Nairobi, Kenya to attend Pan Africa Christian University (PACU). I am the fourth born of seven children. I enjoy playing football (soccer), and volleyball, and in my spare time, I enjoy cooking and baking! I am an active member of the PACU Christian Union serving as leader of our praise and worship team! I am also a member of the PACU Mission Team and Life Champion Care Group where I am privileged to evangelize to my fellow students.

I graduated high school from Msungua Secondary located in the village area in Tanzania. I come from humble beginnings and believe that all forms of education allow doors of opportunity to open. The transition from Tanzania to Kenya has been met with many challenges that began with the burden of tuition payments. Over the last few years, especially during the COVID pandemic, I have witnessed many youths headed down a path that has led to substance abuse, depression, transactional sex, youth suicide, and mental instability.

This is what ultimately turned me toward Counseling Psychology as my major and my calling to help my community solve or mitigate this gap. I am currently in the last semester at PACU first pursuing a certificate before I begin at the diploma level. I have a great desire and passion to understand human behavior and other human tendencies that continue to plague our society. My ultimate mission and vision is to study these obstacles and barriers that lead to destructive families and communities.

I am thankful to say that my father continues to support me with what little he has but the weight has been lifted off of him because of the emotional support I receive from PACU and now the financial support from We One Action Network (USA) which I am very appreciative of. Thank you so much!

Abigael



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